

**Monica Kieffer, DO, LMFT**

**Counseling Intake Form**

Name \_\_\_\_\_ Age \_\_\_\_\_ Gender: F M

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Marital Status: \_\_\_ Single \_\_\_ Married \_\_\_ Widowed \_\_\_ Divorced \_\_\_ Separated \_\_\_ Other

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Mental health history (please describe): \_\_\_\_\_

Health problems \_\_\_\_\_

Current medications or herbs for anxiety, depression, insomnia, and/or a mental health diagnosis: \_\_\_\_\_

Other medications: \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Current counseling concerns: \_\_\_\_\_

Have you ever received prior counseling or are you receiving counseling elsewhere now? Yes No

If yes, describe: \_\_\_\_\_

What is your perception of how you are doing now? \_\_\_\_\_